

Group Exercise Policy November 2020

- You must sign up for ALL classes (In person, Zoom, or Court).
- **All in person class registration starts 7 days before class.**
- Class registration closes at start time.
- All classes must have 2 people registered for in person class 12 hours before class time or class will be canceled by the instructor. You will be notified by email if canceled.
- In person classes are limited to 10 ppl in group ex studio, 20 on the court, and 11 for Spin.
- You can waitlist yourself for any full class by calling the front desk. You will be notified by email to confirm if you get into class.
- **You can un-register for no charge up to 12 hours ahead of class start time.**
- **If you cancel in under 12 hours before class start time or no-show for an in-person or Court class, you will be charged \$20 (No charge for Zoom class cancelation or no-show).**

In-Person classes;

- You must wear a mask into the building.
- You must have your temp taken upon entering the building and it must be under 100*.
- You must sign in/check in for class at front desk.
- You must wear your mask until everyone is in their designated spot for class and a distance of 14 feet will be maintained throughout class.
- No sharing equipment, but you can borrow equipment in the group ex studio. Please sanitize equipment before and after use.
- Please bring your own yoga style mat for class and any other equipment you wish to use to limit sharing.
- No use of MCAC blankets, bolsters, or straps.